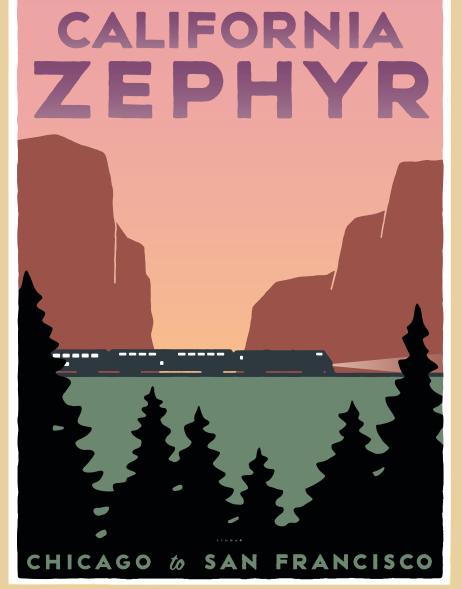
DESSERTS
Haagen-Dazs Ice Cream & Sorbet \$3.00  Selections include a small serving cup of chocolate peanut butter or vanilla bean ice cream or raspberry sorbet.
Specialties \$6.00  Your server will describe tonight's sweets in detail, which will feature a chocolate option, a fruit or nut option and a reduced sugar cheesecake option.
CHILDREN'S MENU
(Available for children 12 and under)
All entrées include juice (orange, apple, cranberry) and milk. Please note that children may order any item from the regular dining car menu at the regular menu price.
BREAKFAST
* Freshly Scrambled Eggs\$3.50
Served with breakfast potatoes or grits, warm biscuit, croissant or cinnamon raisin bread.
Buttermilk Pancakes or Classic Railroad French Toast \$4.50/\$6.00  Two griddled buttermilk pancakes or classic railroad French toast, both served with breakfast syrup and fruit topping. (Your server will describe today's availability.)
Breakfast Meats  Pork or chicken apple-maple sausage — One Patty\$1.50  Bacon — Two Strips\$2.00
LUNCH/DINNER
Griddled Cheddar Cheese Sandwich \$6.25  Lunch – Served with potato chips.  Dinner – Served with a vegetable and starch.
Pizza\$7.00 Choice of cheese or pepperoni and cheese.
Breaded Chicken Breast Tenders \$7.00
Lunch – Served with potato chips.  Dinner – Served with a salad, vegetable
and mashed potatoes.
Pasta \$7.00  Kraft macaroni and cheese. Served with a small salad and warm roll.

SOFT BEV	ERAGES	
Soft Drinks	\$2.00	
Regular or diet sodas <b>Bottled Water</b>	\$2.25	
bottled Water !!!!!!!		
<b>ALCOHOLIC</b>	BEVERAGES	
COCKT	AILS*	
<b>Premium Spirits and Cord</b>	ials \$7.00	
Spirits – Absolut Vodka, Beefeat	er Gin, Bacardi Rum, an Club Blended Whiskey,	
Cordials – Bailey's Irish Cream, C	Courvoisier Cognac, Kahlua	
Mixers – Club Soda, Tonic Wate Bloody Mary Mix, Ora		
COLD E	BEER*	
Ask your server abou	t today's selections.	
Domestic	\$5.25	
Premium Domestic & Import \$6.25		
Regional Craft	\$7.00	
WIN	ES*	
Ask your server abou	t today's selections.	
Single Serving	\$6.00	
Half Bottle	\$15.00	
• Note that alcoholic beverages are and are not included in fu	rst class meal packages.	
Prices are in U.S. currency and include al cards. Gratuity is at the passenger's dis		
Glest rewards: CHASE ♥  5417 1234 5578 9112  ==== 1949 === 00/00  ============================	Mastercard  DISCOVER  MERIODA  AMERICAN  EXPRESS  AMERICAN  EXPRESS	
If you paid by cash, or payment card purchase is cor		
<b>A</b> ©	AMTRAK®	
Mixed Sources Product group from well-managed forests and other controlled sources Www.fsc.org Cert no. 8ssNA-coc-066299		

FSC www.fsc.org Cert no. sgsNA-coc-006299
@1996 Forest Stewardship Council







Amtrak.com

## **BREAKFAST**

### **MAIN COURSES**

All breakfast entrées include juice (orange, apple, cranberry) and coffee, tea or milk.

* Freshly Scrambled Eggs\$7.00
Freshly scrambled eggs offered with
breakfast potatoes or grits, warm biscuit,
croissant or cinnamon raisin bread.
(Egg substitutes are available upon request.)

## 

Served with a choice of cold Kellogg's brand cereal or hot oatmeal with golden raisins and brown sugar, fresh fruit, warm biscuit, croissant or cinnamon raisin bread and yogurt.

## **Buttermilk Pancake Trio or** Classic Railroad French Toast . . . . . . . . . . . . \$9.00

Griddled trio of buttermilk pancakes or classic railroad French toast, both served with breakfast syrup and fruit topping. (Your server will inform you of availability as only one option will be served during breakfast, depending upon schedule.)

## \* Omelet Selection . . . . . . . . . . . . . . . . . \$10.50

Freshly made three egg omelet served plain, topped with cheese, or filled with today's fresh vegetable medley or with both vegetable and cheese. Your server can describe today's options. Served with grits or roast potato medley, warm biscuit, croissant or cinnamon raisin bread.

# \* Chef's Good Morning Special ......\$10.75

Ask your server for a description of today's marketplace special.

## SIDES

## Breakfast Meats .....\$3.00

Smoked bacon strips, pork sausage patties or chicken apple-maple sausage patties.

Sugar free jelly, sugar free breakfast syrup and plain soy milk are available upon request.

All fresh eggs are pasteurized and sourced from cage free suppliers.

## **MAIN COURSES**

All lunch entrées include coffee, tea or milk.

Fresh Made Vegetarian Entrée Salad \$8.75  Your server will describe today's offering served with Newman's Own dressings and warm roll. (Available with a grilled chicken breast topper for an additional \$3.00.)
Griddled Veggie Burger
Angus Steak Burger
<b>Today's Specialty Sandwich</b>
<b>California Zephyr Combo</b>
Chef's Marketplace Special\$11.75  Today's selection will be described by your server and offered along with a starch, small garden salad, dressing and warm roll.

\* FDA Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

### MAIN COURSES

All dinner entrées include a small salad with

dressing, warm roll and coffee, tea or milk.
Vegetarian Pasta\$15.00  Today's route specific selection will be described by your server.
Herb Roast Half Chicken \$15.75  Thyme roasted half chicken. Served with four grain rice pilaf and vegetable medley. (Consider enhancing this menu choice with a glass of crisp chardonnay.)
Healthy Menu Option

**Chef's Evening Marketplace Special ..... \$19.75** Your server will describe tonight's special offering.

than 500 calories, with 30% or less derived from fat, with a sodium count of no more than 600 mg.)

## \* Amtrak Signature Maryland-Style

Amtrak Culinary Advisory Team member, chef and restaurateur Tom Douglas of Seattle, has supplied the inspiration for these cooked to order, premium, lump blue crab cakes, served with a horseradish spiked cocktail sauce. Served with four grain rice pilaf and vegetable medley.

### \*Butcher's Cut Choice Steak . . . . . . . . . . \$25.75

The specific cut changes based upon train route, but always features a twenty-one day aged, well marbled, marinated USDA hand cut choice steak provided by Great Western Beef of Chicago. Cooked to order and served to your temperature request, this selection is served with a special compound butter, baked potato, sour cream and vegetable medley. (A glass of Merlot or Cabernet Sauvignon would be the perfect complement to this American classic.)